

About Us

Founded in 1967 by a group of concerned parents and mental health professionals, Child Guidance Center (CGC), a non-profit organization, helps children and parents throughout Orange County achieve healthier, better balanced lives through innovative counseling and educational enrichment programs. Our staff includes over 50 Masters and Doctoral-level child mental health specialists. Each week, CGC's multi-disciplinary team treats more than 1000 children and families.

CGC Offers...

- An Excellent Reputation, Serving Southern California Since 1967
- Quality Professionals, Licensed and License-Eligible
- 3 locations – Buena Park, Fullerton, & Santa Ana
- Evidence-based Practice Models Statistically Significant Outcomes
- Multilingual, English, Spanish, Vietnamese, Farsi & Others
- Largest, Most Experienced Provider of PCIT in OC
- Training Partnership With UC Davis CAARE Center since 2004
- Confidential and Professional Treatment Services
- Partnership with Harvard, UC Irvine, UCLA, and Duke University

Other Services Offered...

EVALUATION/CRISIS INTERVENTION
INDIVIDUAL THERAPY
FAMILY THERAPY
GROUP THERAPY
TRAUMA-FOCUSED COGNITIVE BEHAVIORAL THERAPY (TF-CBT)
PSYCHOLOGICAL ASSESSMENT
POSITIVE PARENTING PROGRAM (TRIPLE P)
PEERS PROGRAM (AUTISM SPECIFIC)
SCHOOL/PROFESSIONAL CONSULTATION
PARENTING SEMINARS & CLASSES
MEDICATION SERVICES
MILITARY/VETERAN FAMILY TREATMENT

How To Get Started

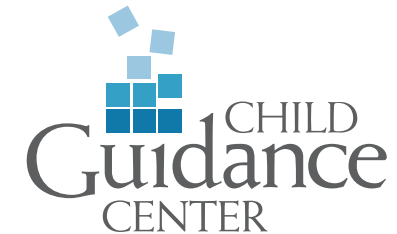
Treatment services are offered to families on a sliding-scale fee basis and through insurance. For those families who qualify, services may be covered by private or state funding.



To make an appointment today,
Call our Care Coordinator at
(714) 953-4455

Our Locations

Buena Park, 6301 Beach Blvd. Suite 245, CA 90621
Fullerton, 2050 Youth Way, CA 92835
Santa Ana, 525 Cabrillo Park, Suite 300, CA 92701



Helping Parents & Children Repair Relationships



Helping Children,
Empowering Families

(714) 953-4455
www.childguidancecenter.com

We Can Help With:

Emotional & Behavioral Problems

Behavior Management/Parenting

Depression, Anxiety, Post-Traumatic Stress

Loss & Grief

Attention-Deficit Hyperactivity Disorder (ADHD)

Autism Spectrum

Family Issues & Dynamics, Sibling Rivalry

Relationship Building/Attachment

Anger/Stress Management

Life Transitions

Trauma/Child Abuse

Military & Veterans Family Support & Treatment



Building Healthy Relationships Together

Our Specialty Programs

Parent-Child Interaction Therapy (PCIT)

An innovative, brief-term, and award-winning coaching approach proven to enhance parent-child relationships, improve child behavior and empower parents to use effective consistent parenting strategies.

Observing the parent and child (ages 2 -10) from behind a one-way mirror, the PCIT therapist coaches the parent through a wireless earpiece on how to handle behavioral issues immediately at the moment they occur.

See Child Guidance Center's New PCIT website for more information:
www.pcitmethod.com



Trauma- Focused Cognitive Behavioral Therapy (TF-CBT)

For children, ages 3 – 18, who have behavioral and emotional difficulties that are related to traumatic life events, including loss and grief.

With the help of the therapist and parent, children are able to confront and process the traumatic event, allowing them to heal and move forward in their lives.

Life-Changing Counseling Solutions



Behavior Management Groups Social Skills

A broad range of therapeutic social skills groups for children and adolescents ages 3 – 18. Groups focus on building effective social interaction, using verbal and non-verbal communication skills, improving minding and concentration at school, and teaching strategies to manage emotions and associated behaviors. In weekly, 90 minute groups, children/teens are given the opportunity to practice these skills during hands-on activities, role-play, and group discussion.

PEERS Program is specific to children/teens on the autism spectrum, helping them make & keep friends & avoid being targeted for bullying.